



PROCLAMATION
International Celiac Disease Awareness Day
September 13, 2026

WHEREAS, Celiac Disease (CD) is an autoimmune disorder that occurs when gluten, a protein found in wheat, rye and barley, triggers an immune system reaction that damages the lining of the small intestine, thus impairing absorption of nutrients required to stay healthy; and

WHEREAS, an estimated 1% of people in Canada have CD, but the majority of these people are undiagnosed; and

WHEREAS, research in Canada has shown that the average time from symptom onset to diagnosis of CD in adults is close to 10 years; and

WHEREAS, all people need to be aware that CD is not a rare disease and that, if left untreated, CD can lead to malnutrition, causing anemia, osteoporosis and gastrointestinal cancer; and

THEREFORE, BE IT RESOLVED THAT, I, Mayor Nancy Dicks, do hereby proclaim September 13, 2026, as “**International Celiac Disease Awareness Day**” in the Town of New Glasgow.

Mayor Nancy Dicks